

# THE RED HEN PROJECT

## Raising a family is tough



**Hundred Houses tenants in CB4 with a child age 3-11 can now access help from Red Hen!**

**Exclusively in CB4, for 25 years we've supported families experiencing many different challenges, e.g.:**

- you and your child's well-being - increase confidence and self-esteem, reduce anxiety
  - help with behaviour strategies, routines etc
  - address reluctance to attend school
  - money matters - benefits, debt, etc
  - bereavement, relationship breakdown
- ....and anything else that is making life difficult

*"We have had great support from Red Hen and things have changed for the better."*

Meet our our amazing team - supporting families to raise happy, healthy and independent children – promoting positive, confident parenting and cooperative relationships between schools and families.



Maria



Theresa



Gemma



Vicky

**Contact us via your HHS Housing Officer or directly on 07966 839 635 or [getsupport@redhenproject.org](mailto:getsupport@redhenproject.org)**

Find us on Facebook, Instagram and [www.redhenproject.org](http://www.redhenproject.org)